

Introduction to Sexual Violence - Virtual Lesson Plan 4

Introducing Sexual Violence

Sexual violence is any behavior (physical, verbal, pictures, online, etc.) that is sexual and unwanted or without consent. We often hear the word “force” when talking about sexual violence, meaning that someone was forced to do something that they didn’t want to do. It’s important to remember that force can look like a lot of different things. People can be forced when their physical safety is threatened. Pressure, manipulation, guilt, incapacitation by drugs or alcohol, threats to spread information, or when the perpetrator has significantly more power than the victim are all ways that someone might experience force.

Sexual violence includes things like rape, sexual assault, and sexual harassment. Sexual violence isn’t just physical. It includes comments, jokes, pictures, or gestures. Sexual violence can happen in person and also online or through technology.

Watch the video and read the fact sheet below, then complete the song lyric activity. There are additional resources for learning more about sexual violence at the bottom.

Watch

- If A Robbery Report Was Treated Like A Rape Report: <https://youtu.be/AoL4V5BWITM>

Read

- What is Sexual Violence? Fact Sheet: www.nsvrc.org/sites/default/files/Publications_NSVRC_Factsheet_What-is-sexual-violence_1.pdf



Song Lyric Activity Directions: Sexual violence doesn't happen in a vacuum. There are many norms in our society that make sexual violence seem normal, inevitable, or like it's not that big of a deal. This is called Rape Culture. We are all living in this rape culture, and yet we know that rape and abuse is unacceptable. For people who do want to commit sexual violence, they look at this rape culture as permission – and they think we agree with them. We can make little choices every day to break down rape culture.

To help understand rape culture, and some of the ways our society makes sexual violence seem normal, you will analyze song lyrics. Pick one of the following three songs and download the lyrics. Answer the questions below.

Blurred Lines by Robin Thicke

Jealous by Nick Jonas

Animal by Maroon 5

1. Did any of the song lyrics include either of the warning signs of dating violence?
2. How did the song lyrics describe women?
3. How did the song lyrics describe men?
4. What did the song lyrics say about sex and consent?
5. Are there any song lyrics that make sexual violence seem normal or okay?
6. What was the most harmful lyric in this song? Why?

Additional resources for learning more about Sexual Violence:

- Article: “The Justice System Runs On Testimonial, ‘He-Said She-Said’ Evidence”: theestablishment.co/the-justice-system-runs-on-testimonial-he-said-she-said-evidence/?fbclid=IwAR16Eo-JVfVoHdh3P-kgsxSWTJqyLZGduvekbGW3R3PLsrSpH-BPmiW2cEOU
- The Sexual Assault of Men Played for Laughs: www.youtube.com/watch?v=uc6QxD2_yQw
- Surviving Sexual Violence: wiseuv.org/wp-content/uploads/2020/01/SVbooklet-2019.pdf
- I am with you Chanel Miller: <https://youtu.be/ouIxxvBMF7Rw>