TEEN POWER AND CONTROL WHEEL

VIOLENCE

physical

sexual

PEER PRESSURE:
Threatening to expose weakness or spread rumors. Telling malicious lies about an individual to peer group.

ANGER/EMOTIONAL ABUSE:

ISOLATION/EXCLUSION:
Controlling what another does, who they see and talks to, what they read, where they go. Limiting outside involvement. Using jealousy to justify actions

SEXUAL COERCION:
Manipulating or making threats to get sex. Getting them pregnant. Threatening to take the children away. Getting someone drunk or drugged to get sex.

THREATS:
Making and/or carrying out threats to do something to hurt another. Threatening to leave, to commit suicide, to report them to the police. Making them drop charges. Making them do illegal things.

MINIMIZE/DENY/BLAME:
Making light of the abuse and not taking concerns about it seriously. Saying the abuse didn’t happen. Shifting responsibility for abusive behavior. Saying they caused it.

INTIMIDATION:

USING SOCIAL STATUS:
Treating her like a servant. Making all the decisions. Acting like the “master of the castle.” Being the one to define men’s and women’s roles.

Produced and distributed by:

DOMESTIC ABUSE INTERVENTION PROJECT
202 East Superior Street
Duluth, MN 55802
218.722.4134

NATIONAL CENTER on Domestic and Sexual Violence
training • consulting • advocacy
4612 Shoal Creek Blvd. • Austin, Texas 78756
512.407.9020 (phone and fax) • www.ncdev.org